



Heart & Soul

FIVE FACETS OF FAITH

Saturday, June 1, 2024

Sunday, June 2, 2024



TRINITY
LUTHERAN CHURCH

Trinity Lutheran Church

213 North Pennsylvania Ave. | Mason City, Iowa 50401 | 641-423-0536 | www.trinity-mc.org

FIRST SUNDAY AFTER PENTECOST HEART AND SOUL—FIVE FACETS OF FAITH SABBATH

June 1, 2024

5:00 p.m.

June 2, 2024

10:30 a.m.

Livestream Worship Service/KCMR 97.9

Deuteronomy makes clear that sabbath-keeping is meant for the welfare of all. God delivered the Israelites out of slavery, so they should observe this freedom with a day of rest. No one should work seven days a week; even slaves and foreigners should be able to rest. Yet human beings can turn even the most liberating religious practice into a life-destroying rule. Jesus does not reject sabbath-keeping, but defends its original life-enhancing meaning. Our worship and our religious way of life are to lead to restoration: the hungry being fed and the sick being healed.

Welcome to Trinity! We are glad you're here. If you are new to Trinity Lutheran, please complete an informational card which can be found in the pews.

We love having small children in worship! Those needing a space to change or feed little ones are welcome to use the **Child Care Room** located next to the nursery. A **unstaffed nursery** is also available, located on the 2nd floor just outside the north sanctuary door (door under the stained glass window door).

Handicapped Seating is reserved in the pew located in front of the Technical booth.

Large print bulletins and listening devices are available from the ushers.

Activity Bags are available for children during worship. They are located in the narthex and at the front of the church. Please return them at the end of services.

Serving in Worship This Weekend

Pastor Rev. Dan Gerrietts
Rev. Daniel Hanson

Organist Teresa Jacobson

Greeters Rich & Joan Murray

Coffee Fellowship
Nicole Clausen
JoAnn Johnson

Scripture Readers
5:00 p.m. Nina Pals
10:30 a.m. Nancy Rockman

Communion Servers
5:00 p.m. Don and Nina Pals
Patty Flatness
10:30 a.m. Jake and Nancy Rockman

Technical Support
10:30 a.m. Maggie Gerrietts
Henry Hansen
Anni Shallberg

Ushers
5:00 p.m.
10:30 a.m.

Our Mission *We are called to share God's healing love through Christ's forgiveness and our personal servanthood.*

GATHERING

Prelude

Amazing Grace

Brian Bauer, Tom Birdsall, John Henry, Deb Nielsen and Craig Remmen
Saxophone Quintet

Welcome

Confession and Forgiveness

All may make the sign of the cross, the sign that is marked at baptism, as the presiding minister begins.

P Blessed be the holy Trinity, † one God,
the God of manna,
the God of miracles,
the God of mercy.

C Amen.

P Drawn to Christ and seeking God's abundance,
let us confess our sin.

Silence is kept for reflection.

P God, our provider,

C help us.

It is hard to believe there is enough to share.

**We question your ways when they differ from the ways
of the world in which we live.**

**We turn to our own understanding
rather than trusting in you.**

We take offense at your teachings and your ways.

Turn us again to you.

Where else can we turn?

**Share with us the words of eternal life
and feed us for life in the world.**

Amen.

P Beloved people of God:
in Jesus, the manna from heaven,
you are fed and nourished.
By Jesus, the worker of miracles,
there is always more than enough.
Through Jesus, † the bread of life,
you are shown God's mercy:
you are forgiven and loved into abundant life.

C Amen.

***Greeting**

P The God who created space and time,
journeyed with us in human form,
and travels with us still, be with you all.

C And also with you.

***Children's Sermon** (10:30 am)

***Prayer of the Day**

P Almighty and ever-living God,
throughout time you free the oppressed,
heal the sick, and make whole all that you have made.
Look with compassion on the world wounded by sin,
and by your power restore us to wholeness of life,
through Jesus Christ, our Savior and Lord.

C Amen.

Reading: Deuteronomy 5:12-15

L ¹²Observe the sabbath day and keep it holy, as the LORD your God commanded you.
¹³Six days you shall labor and do all your work. ¹⁴But the seventh day is a sabbath to
the LORD your God; you shall not do any work—you, or your son or your daughter, or
your male or female slave, or your ox or your donkey, or any of your livestock, or the
resident alien in your towns, so that your male and female slave may rest as well as you.
¹⁵Remember that you were a slave in the land of Egypt, and the LORD your God
brought you out from there with a mighty hand and an outstretched arm; therefore the
LORD your God commanded you to keep the sabbath day.

C Amen.

Psalm 81:1-10 (*Read Responsively*)

L ¹Sing with joy to God our strength
and raise a loud shout to the God of Jacob.

**C ²Raise a song and sound the timbrel,
the merry harp, and the lyre.**

L ³Blow the ram's horn at the new moon,
and at the full moon, the day of our feast;

**C ⁴for this is a statute for Israel,
a law of the God of Jacob.**

- L ⁵God laid it as a solemn charge upon Joseph, going out over the land of Egypt, where I heard a voice I did not know:
- C ⁶“I eased your shoulder from the burden;
your hands were set free from the gravedigger’s basket.**
- L ⁷You called on me in trouble, and I delivered you;
I answered you from the secret place of thunder and tested you at the waters of Meribah.
- C ⁸Hear, O my people, and I will admonish you:
O Israel, if you would but listen to me!**
- L ⁹There shall be no strange god among you;
you shall not worship a foreign god.
- C ¹⁰I am the LORD your God, who brought you out of the land of Egypt.
Open your mouth wide, and I will fill it.**

***Gospel Acclamation**

ELW pg 124

- P The Holy Gospel according to Mark the second chapter.
- C Glory to You, O Lord.**

***Gospel: Mark 2:23-3:6**

- P ²³One sabbath [Jesus] was going through the grainfields; and as they made their way his disciples began to pluck heads of grain. ²⁴The Pharisees said to him, “Look, why are they doing what is not lawful on the sabbath?” ²⁵And he said to them, “Have you never read what David did when he and his companions were hungry and in need of food? ²⁶He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions.” ²⁷Then he said to them, “The sabbath was made for humankind, and not humankind for the sabbath; ²⁸so the Son of Man is lord even of the sabbath.” ^{3:1}Again he entered the synagogue, and a man was there who had a withered hand. ²They watched him to see whether he would cure him on the sabbath, so that they might accuse him. ³And he said to the man who had the withered hand, “Come forward.” ⁴Then he said to them, “Is it lawful to do good or to do harm on the sabbath, to save life or to kill?” But ⁴ they were silent. ⁵He looked around at

them with anger; he was grieved at their hardness of heart and said to the man, “Stretch out your hand.” He stretched it out, and his hand was restored. ⁶The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

P The Gospel of the Lord.
C Praise to you, O Christ.

Sermon - *Heart and Soul—Sabbath*

Pastor Daniel Hanson

Hymn of the Day

O Day of Rest and Gladness

ELW 521

***Prayers of Intercession**

P Merciful God,
C receive our prayer.

***Peace**

P The peace of the Lord be with you always.
C And also with you.

MEAL

Announcements

Offering

Text to Give is available at Trinity!
Simply text the amount you wish to give to 833-412-0093.
Or scan the QR code with your smartphone.
Please note where your gifts should be directed towards.



***Apostles' Creed**

C I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

***Offertory**

Praise and Thanksgiving

ELW 689

*Praise and thanksgiving, God we would offer
for all things living, you have made good;
harvest of sown field, fruits of the orchard,
hay from the mown fields, blossom and wood*

***Offering Prayer**

P Jesus, Bread of life,
you have set this table with your very self,
and called us to the feast of plenty.
Gather what has been sown among us,
and strengthen us in this meal.
Make us to be what we receive here,
your body for the life of the world.

C Amen.

***Great Thanksgiving**

ELW pg. 129

The Lord be with you. And al - so with you.

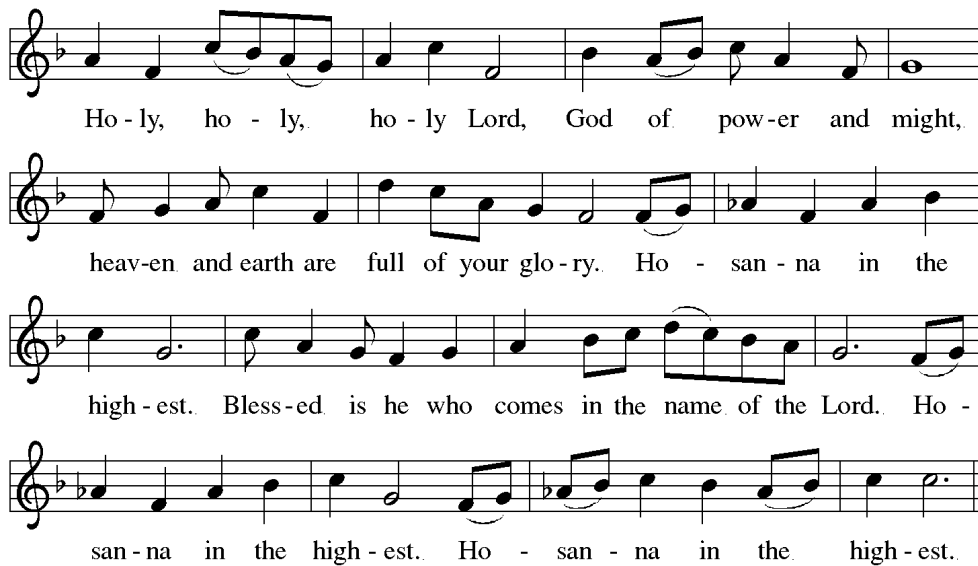
Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise...we praise your name and join their unending hymn:

ELW pg.130



Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,
heav-en and earth are full of your glo-ry. Ho - san - na in the
high - est. Bless-ed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

*Words of Institution

*Lord's Prayer

C Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power,
and the glory,
forever and ever. Amen.

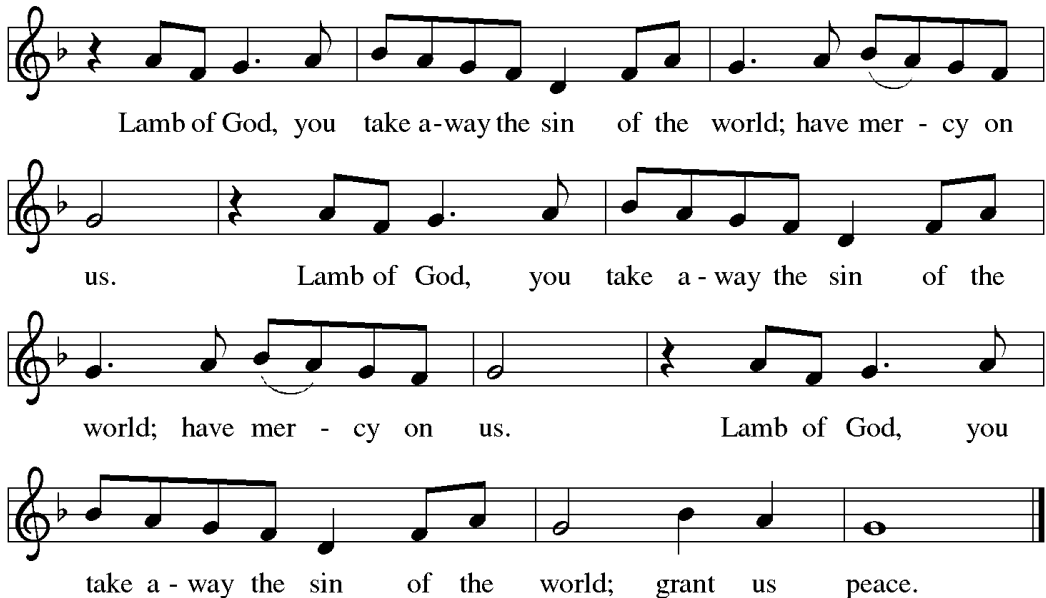
Invitation to the Table

Communion

All who desire the presence and forgiveness of Christ that come in the sharing of this bread and wine are welcome to commune with us today. Ushers will direct you from the outside aisles to one of the stations in the front of the sanctuary, where you may kneel at the rail. You will return to your seat by the center aisle. Gluten free wafers and grape juice are also available. If for any reason you are not comfortable participating in communion today, we invite you to come forward with your arms crossed over your chest to receive a blessing.

Lamb of God

ELW pg. 135



Lamb of God, you take a-way the sin of the world; have mer - cy on
us. Lamb of God, you take a - way the sin of the
world; have mer - cy on us. Lamb of God, you
take a - way the sin of the world; grant us peace.

Communion Songs

When Peace Like a River
There is a Balm in Gilead

ELW 785

ELW 614

***Prayer after Communion**

P Jesus, Bread of life,
we have received from your table
more than we could ever ask.
As you have nourished us in this meal,
now strengthen us to love the world with your own life.
In your name we pray.

C **Amen.**

SENDING

***Blessing**

P The blessing of God,
who provides for us, feeds us, and journeys with us,
✠ be upon you now and forever.

C **Amen.**

***Sending Hymn**

Sent Forth in God's Blessing

ELW 547

***Sending**

P Go in peace. You are the body of Christ

C **Thanks be to God!**

Postlude

TLC OPPORTUNITIES TO SERVE

- **Care Ministry** – Volunteers are needed to make in-person visits, call people on the phone, and send post-cards. Contact Becky Elsbernd.
- **Usher** – Distribute bulletins, welcome, collect offering, usher people for communion.
- **Readers** – Read the lessons for weekend services. Lessons provided a week prior to reading.
- **Communion Servers**– Assist Pastors with Communion distribution during worship services. Training available. Volunteer position. Contact the office.
- **Worship Transportation** – Assist Region 2 Transit driver in picking up those needing a ride to Sunday worship.
- **Community Kitchen Volunteers**—Trinity provides volunteers to help prepare and serve meals at the Community Kitchen, *either the 1st Monday of each month from 9-1:00 and the 4th Wednesday of each month from 4-6:30 p.m.* See the bulletin boards by the church office.
- **Help at Affordables**—Trinity provides volunteers to help sort donated clothing at Affordables on the **2nd Wednesday of each month from 9-11:00 a.m.**

For more worship serving opportunities, contact the church office or go to trinity-mc.org/worship-volunteers.

ANNOUNCEMENTS

Altar Flowers are in given by **Cheryl Fritz** in celebration of the faith filled lives of John and Doris Fritz.

Bulletin Cover Art is in given by **Brenda Heidkross**—in memory of her parents.

HEART AND SOUL—FIVE FACETS OF FAITH *Summer Preaching Series*

Take a deeper dive on five key issues shaping our spirituality - issues at the heart of the Christian faith. Using familiar and less familiar Old Testament stories, we will explore these matters of "heart and soul" throughout the month of June.

June 1-2	Sabbath (Deuteronomy 5:12-15)
June 8-9	Sin (Genesis 3:8-15)
June 15-16	Sovereignty (Ezekial 17:22-24)
June 22-23	Suffering (Job 38:1-11)
June 29-30	Salvation (Ruth 1)

Rhubarb Sour to Sensational!

Monday, June 3 | 1:00 PM - 3:00 PM | Kitchen

It's rhubarb season! Come and get inspired as you stimulate your taste buds with this unique spring vegetable on Monday, June 3 from 1:00 PM - 3:00 PM. This workshop offers hands-on participation with every step of the process- washing, preparing, and eating. Supply free is \$5.00. In lieu of \$5.00, you can choose to prepare your favorite rhubarb dish and bring it to share along with the recipe. Limited to ten participants. Sign up by contacting Becky Elsbernd at 641-423-0536 or becky.elsbernd@trinity-mc.org.

Trinity Trippers to West Bend Grotto

Thursday, June 13 | 8:30 AM

Join us for a trip to the West Bend Grotto to explore the Shrine of the Grotto of the Redemption! We are taking a bus on this trip. We will be stopping for lunch possibly in Algona on the trip home—at your own expense. Please sign up on the bulletin board outside the church office. Please note: our bus holds 35. **Cost of trip is \$10.00/person.**

Congregational Meeting to Call New Pastor of Spiritual Care

**Sunday, June 2 at 10:00 a.m. in the
Fellowship Hall**

Trinity's Pastor to Spiritual Care Call Committee and Pastor Steve Brackett (NE Iowa Synod Office) will present details on a new pastor at the meeting. Join us as we vote on call details and compensation package. The meeting will be in-person only (no Zoom option.)

Sculpture Walk | Tuesday, June 11 | 8:30 AM

Meet at Trinity's East Entrance

Join a group of walkers to check out the new sculptures on the River City Sculptures on Parade route. Plan for this approximately two mile walk to take 1 ½ hours with lots of stops along the way. **Rain date is June 12.**

Canoe/Kayak at Lime Creek | Thursday, June 20 | 8:30 AM - 10:45 AM

Lime Creek Nature Center

Join us at Lime Creek Nature Center for canoeing and kayaking. Provided is a short introduction on boat safety and paddling, canoe/kayak and life jacket. Group will meet by the gate at the end of Nature Center Road. Weather permitting. All ages are welcome. RSVP by Monday, June 17th. Space is limited to 30.

Please call the church office if you or your family are hospitalized.

Often our members that are hospitalized are not showing up on the Clergy Visitation list at the hospital. If you or a family member would like to be visited please be sure to contact the church office. Thank you.

VACATION BIBLE SCHOOL & DAY CAMP

Date: June 10-13, 2024
Who: Age 3-K: 9-11 a.m.
Gr. 1-6 (Entering Fall 2024)
Bring a sack lunch

Where: Trinity Lutheran Church

Cost: \$25/child

Riverside camp counselors will lead. Bring a friend. **Please Register ASAP at: trinity-mc.org/vacation-bible-school**

Preschool snacks are needed. If you can donate items below, please email marty.greder@trinity.org.

I will contact you prior to VBS with number needed. Thank you!

Tuesday: Bananas

Thursday: Cookies

Special Events during Day Camp Week

- **Middle School Campfire & Glow Night** | **Mon. June 10** | 7-9pm | Dettmer Backyard (622 E. State St.)
—counselors will lead campfire & yard games with 5-8th graders. Friends are welcome.
- **High School Game Night** | **Tue. June 11** | 7-9pm | Gathering Space—
Current and graduating High Schoolers are invited to play games at church. Friends are Welcome! Contact carol.dettmer@trinity-mc.org.
- **Wed. June 12**—Grades 1-6 | Fieldtrip to Riverside Camp.
- **Thur. June 13** | 5pm | Closing Celebrations & Supper. All children who attended will sing their favorite songs and show you what they've been doing all week! Walking Taco Supper will following the program. Sponsored by Trinity Youth & Family Committee.

WEEKLY CALENDAR

Monday, June 3

9:00 a.m. Trinity Serving at Community Kitchen
9:00 a.m. Centering Prayer (Rm. 322)
1:00 p.m. Rhubarb Cooking Class (Kitchen)
7:00 p.m. Boy Scouts

Tuesday, June 4

All Day—Primary Elections (Gathering Space)
10:00 a.m. Staff Meeting

Wednesday, June 5

7:00 a.m. Men's Bible Study (Fellowship Hall)
8:30 a.m. Women's Bible Study (Library)

Saturday, June 8

5:00 p.m. Worship Service

Sunday, June 9

9:00 a.m. Outdoor Worship Service
(Courtyard)
10:30 a.m. Indoor Worship Service
1:00 p.m. Youth Gathering Mtg.