

Words can hurt

Words can heal

Saturday, September 14, 2024

Sunday, September 15, 2024



Trinity Lutheran Church

213 North Pennsylvania Ave. | Mason City, Iowa 50401 | 641-423-0536 | www.trinity-mc.org

SEVENTEENTH SUNDAY AFTER PENTECOST

September 14, 2024

5:00 p.m.

September 15, 2024

9:00 a.m.

Livestream Worship Service/KCMR 97.9

Remember a time that someone's words uplifted and encouraged you. It is likely not difficult to remember a time where someone's words hurt you. We possess power with our word both to raise up and to tear down. A much greater power comes from Christ's word, which reveals what is true and sets us free. What word will be on our lips?

Welcome to Trinity! We are glad you're here. If you are new to Trinity Lutheran, please complete an informational card which can be found in the pews.

We love having small children in worship! Those needing a space to change or feed little ones are welcome to use the **Child Care Room** located next to the nursery. An **un-staffed nursery** is also available, located on the 2nd floor just outside the north sanctuary door (door under the stained glass window door).

Toddler Sunday School:

Every 1st and 3rd Sunday from 9:15-10:15am parents are invited to join their 0-2 year old for a time of free play, activities, and Bible stories in the nursery.

Handicapped Seating is reserved in the pew located in front of the Technical booth.

Large print bulletins and listening devices are available from the ushers.

Activity Bags are available for children during worship. They are located in the narthex and at the front of the church. Please return them at the end of services.

Our Mission *We are called to share God's healing love through Christ's forgiveness and our personal servanthood.*

Serving in Worship This Weekend

Pastor Rev. Dan Gerrietts
Rev. Daniel Hanson
Rev. Beverly Butler

Organist Kim Reisinger (Saturday)
Jodi Korth (Sunday)

Cantor Sam Pang

Greeters Gary and Sharon Lindgren

Coffee Fellowship

Lisa Lorenzen, Dixie Jellum
Barry Schrage

Scripture Reader

5:00 p.m. Patty Flatness
9:00 a.m. Kirk Hardcastle

Communion Assistants

5:00 p.m. Patty Flatness,
Kathy Nelson, Mike Nelson
9:00 a.m. Kim and Sam Pang

Technical Support

9:00 a.m. Leah Gerrietts, Henry Hansen
Carter Rockwell

Ushers

5:00 p.m. Penny Bennett, Bob VerBrugge
9:00 a.m. Dan Clarke, Kay Larson
Gary Lindgren, Ron Moeller

Worship Transportation

Dean Graven
Bruce and Karen Squier

Custodian

Dave Smith

GATHERING

Prelude

Welcome

Confession and Forgiveness

All may make the sign of the cross, the sign that is marked at baptism, as the presiding minister begins.

P Blessed be the holy Trinity, † one God,
who forgives all our sin,
whose mercy endures forever.

C Amen.

P Let us confess our sin and come to God for healing.

Silence is kept for reflection.

P Gracious God,

C have mercy on us.

**We confess that we have honored you with our lips,
but have harmed our neighbors with our tongues.**

**The cravings at war within us
cause conflicts and disputes.**

In our desire to be first

we make distinctions among ourselves.

We place the needs of the poor and the suffering last.

In your great mercy, forgive us our sins.

**Draw near to us with grace in time of need,
and turn us to follow in the way of Jesus Christ,
our Savior and Lord.**

Amen.

P God promises to forgive our iniquity
and to remember our sin no more.

By grace you have been saved.

In the name of † Jesus Christ,

the source of eternal healing,

your sins are forgiven.

C Amen.

***Gathering Hymn**

Built on a Rock

ELW 652

***Greeting**

P The grace of our Lord, Jesus Christ, the love of God, and the communion
of the Holy Spirit be with you all.

C And also with you.

*Now the Feast and Celebration

Marty Haugen

Refrain

Congregation:

Now the feast and cel - e - bra - tion,
all of cre - a - tion sings for joy
to the God of life and love and
free - dom: praise and glo - ry for ev -
er - more!

Verse 1

Congregation or Congregation 1:

1. Now is the feast of the Lamb once
slain, whose blood has freed and u -
nit-ed us to be one great peo - ple of
God.

to Refrain

Verse 2

Congregation or Congregation 2:

2. Pow - er and rich-es, wis - dom and
might, all hon - or and glo - ry to Christ
for ev - er. *to Refrain*

Verse 3

Congregation:

3. For God has come to dwell with us, to
make us peo - ple of God; to make
all things new. *to Refrain*

*Prayer of the Day

P O God, through suffering and rejection you bring forth our salvation,
and by the glory of the cross you transform our lives.
Grant that for the sake of the gospel we may turn from the lure of evil,
take up our cross, and follow your Son, Jesus Christ, our Savior and Lord.

C Amen.

Children's Sermon (9am)

Pastor Daniel Hanson

First Reading: Isaiah 50:4-9a

L ⁴The Lord GOD has given me
the tongue of a teacher,
that I may know how to sustain
the weary with a word.
Morning by morning he wakens—
wakens my ear
to listen as those who are taught.
⁵The Lord GOD has opened my ear,
and I was not rebellious,
I did not turn backward.
⁶I gave my back to those who struck me,
and my cheeks to those who pulled out the beard;
I did not hide my face
from insult and spitting.
⁷The Lord GOD helps me;
therefore I have not been disgraced;
therefore I have set my face like flint,
and I know that I shall not be put to shame;
⁸he who vindicates me is near.
Who will contend with me?
Let us stand up together.
Who are my adversaries?
Let them confront me.
^{9a}It is the Lord GOD who helps me;
who will declare me guilty?

L The word of the Lord.

C Thanks be to God.

Second Reading: James 3:1-12

L ¹Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. ²For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. ³If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. ⁴Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. ⁵So also the tongue is a small member, yet it boasts of great exploits.

How great a forest is set ablaze by a small fire! ⁶And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. ⁷For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, ⁸but no one can tame the tongue—a restless evil, full of deadly poison. ⁹With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. ¹⁰From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. ¹¹Does a spring pour forth from the same opening both fresh and brackish water? ¹²Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

L The word of the Lord.

C **Thanks be to God.**

***Gospel Verse**

Marty Haugen

Congregation:

Al-le-lu - ia, al-le-lu - ia. Lord, to whom shall we
go? You have the words of e - ter - nal
life. Al - le - lu - ia!

Optional Repeat

P The Holy Gospel according to Mark the eighth chapter.

C **Glory to You, O Lord.**

***Gospel: Mark 8:27-38**

P ²⁷Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, “Who do people say that I am?” ²⁸And they answered him, “John the Baptist; and others, Elijah; and still others, one of the prophets.” ²⁹He asked them, “But who do you say that I am?” Peter answered him, “You are the Messiah.” ³⁰And he sternly ordered them not to tell anyone about him.

³¹Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. ³²He said all this quite openly. And Peter took him aside and began to rebuke him. ³³But turning and looking at his disciples, he rebuked Peter and said, “Get behind me, Satan! For you are setting your mind not on divine things but on human things.”

³⁴He called the crowd with his disciples, and said to them, “If any want to become my followers, let them deny themselves and take up their cross and follow me. ³⁵For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. ³⁶For what will it profit them to gain the whole world and forfeit their life? ³⁷Indeed, what can they give in return for their life? ³⁸Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.”

P The Gospel of the Lord.
C Praise to you, O Christ.

Sermon

Pastor Daniel Hanson

Hymn of the Day

Lift High the Cross

ELW 660

***Apostles' Creed**

C I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

***Prayers of Intercession**

P Hear us, O God,

C your mercy is great.

***Peace**

P The peace of the Lord be with you always.

C And also with you.

Announcements

MEAL

Offering

Text to Give is available at Trinity!
Simply text the amount you wish to give to 833-412-0093.
Or scan the QR code with your smartphone.
Please note where your gifts should be directed towards.



***Offertory**

As the Grains of Wheat

Marty Haugen

Refrain

Congregation:

As the grains of wheat once scat-tered on the hill were
gath-ered in - to one to be - come our bread;
so may all your peo-ple from all the ends of earth be
gath-ered in - to one in you.

Verses

1. As this cup of bless-ing is shared with-in our midst
2. Let this be a fore-taste of all that is to come when
to Refrain
may we share the pres - ence of your love.
all cre - a - tion shares this feast with you.

***Offering Prayer**

P Blessed are you, O God, source of every gift of your creation.

By these gifts and with our lives, help us to serve one another and all in need,
through Jesus Christ, our Savior and Lord.

C Amen.

*Great Thanksgiving

ELW pg. 129

P The Lord be with you.

C And also with you.

P Lift up your hearts.

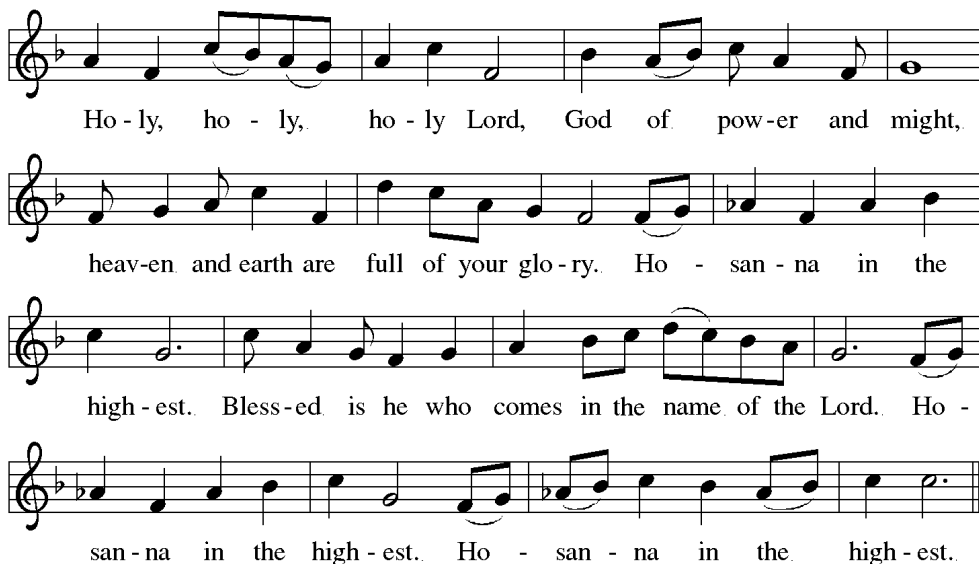
C We lift them to the Lord.

P Let us give thanks to the Lord our God.

C It is right to give our thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise...we praise your name and join their unending hymn:

ELW pg.130



Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,
heav-en and earth are full of your glo-ry. Ho - san - na in the
high - est. Bless-ed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

*Words of Institution

*Lord's Prayer

C Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power,
and the glory,
forever and ever. Amen.

Invitation to the Table

Communion

All who desire the presence and forgiveness of Christ that come in the sharing of this bread and wine are welcome to commune with us today. Ushers will direct you from the outside aisles to one of the stations in the front of the sanctuary, where you may kneel at the rail. You will return to your seat by the center aisle. Gluten free wafers and grape juice are also available. If for any reason you are not comfortable participating in communion today, we invite you to come forward with your arms crossed over your chest to receive a blessing.

Lamb of God

ELW pg. 135

The image shows two staves of musical notation for the hymn 'Lamb of God'. The first staff contains the melody for the first line of the hymn: 'Lamb of God, you take a-way the sin of the world; have mer - cy on'. The second staff contains the melody for the second line: 'us. Lamb of God, you take a - way the sin of the'. The music is written in a single treble clef with a key signature of one flat (Bb) and a 3/4 time signature. The notes are primarily quarter and eighth notes, with some rests and a fermata over the final note of the first line.

Lamb of God, you take a-way the sin of the world; have mer - cy on

us. Lamb of God, you take a - way the sin of the

world; have mer - cy on us. Lamb of God, you
take a - way the sin of the world; grant us peace.

Communion Songs

We Come to the Hungry Feast
Beautiful Savior

ELW 479

ELW 838

*Prayer after Communion

P Holy God,
you have welcomed us to this meal
and fed us with dignity at your table.
Send us now to welcome others
and to be at peace with one another,
through Jesus Christ our Lord.

C **Amen.**

SENDING

* Blessing

P God all mighty,
God most merciful
✠ bless you, keep you,
and give you peace.

C **Amen.**

*Sending Hymn

Will You Come and Follow Me

ELW 798

*Sending

P Go in peace. Follow Jesus.

C **Thanks be to God!**

Postlude

ANNOUNCEMENTS

Altar Flowers are in honor of **Ray and Betty Gogel** who are celebrating their *62nd Wedding Anniversary* today, September 15th.

The **bulletin cover art** is in **memory of Bob Dutcher** who would have celebrated his 99th birthday on September 16th, given by Colleen and family.

The **pulpit rose** is in honor of the birth of **Mack Alexander Nelson** given by his grandparents, Jerald and Nancy Nelson.

Trinity's Pastoral Care Staff makes regular visits to Mercy One North Iowa hospital. But not everyone who is hospitalized appears on the clergy list. If you are hospitalized and wish to be visited, please contact the church office.

BASES Exercise Class (*Balance-Agility-Strength-Endurance-Socialization*)

This free exercise class for adults age 55 or older is coordinated by RSVP (Retired Senior Volunteer Program) and led by RSVP volunteers. BASES meets every Tuesday and Thursday morning from 8:00 - 9:00 AM. in the Gathering Space.

Explore Mason City on Foot

Explore Mason City on Foot Wednesday mornings at 9:30 AM. Each week will be a new adventure! If you need a ride to the location from Trinity, please call the church office in advance. Walks are weather permitting.

September 18 – Scrip Trail / Riverhawk Trail—Meet at trailhead parking lot off of North Illinois Ave.

September 25 –*Zerbles Trail*—Meet at the Trailhead by the Dog Park (14th St NE)

Blood Pressure Checks

Sunday, September 15 | 10:00 AM / The Gathering Space—Blood pressure checks will resume!

Fellowship Coffee

Tuesday, September 17 | 9:30 AM / Fellowship Hall

Fellowship Coffee returns! Come for a time of coffee and treats. Pastor Beverly is the guest speak and will share highlights from her life story.

Rejoicing Spirits

Wednesday, September 18 | 5:00 PM / Trinity Fellowship Hall

Rejoicing Spirits is inclusive of all ages and abilities as we connect with God and one another. On Wednesday, September 18, our focus is on Pentecost and the gift of the Holy Spirit. Following the worship service, enjoy pizza and root beer floats for a free-will donation.

T150 MATCHING GIFT CHALLENGE

Thanks to another Matching Gift Challenge by two generous Trinity families, we can now double all new gifts made to the T150 Capital Appeal through the end of September 2024!

That's right - if we receive \$50,000 in new cash gifts before Sept. 30, 2024 - that amount will be matched dollar for dollar! If you haven't yet donated or if you are considering an additional gift, now is the perfect time to double your contribution and help us pay down the remaining \$300,000 on the T150 loan.

Every gift helps! To make a gift, go to trinity-mc.org/T150-Matching-Gift-Challenge or simply write **"T150 Matching Gift"** on your check or envelope.

Wednesday Night **ALIVE**

Wed., September 17th

Meal / 6:00 PM - Pizza, salad & dessert

Programming / 6:30 PM

- **LIFETREE CAFÉ** Lifetree Café - *Making Life's Toughest Decisions | Dealing with Dilemmas*. An hour-long, interactive video experience featuring real people's real stories, biblical insights, and plenty of time for meaningful spiritual conversations. Led by Pastor Dan Gerriets and Pastor Steve Hansen in the Gathering Space
- **Doing Life with Your Adult Children: Keep Your Mouth Shut and the Welcome Mat Out** "Are you struggling to connect with your child now that they've left the nest? In *Doing Life with Your Adult Children*, bestselling author and parenting expert Jim Burns provides practical advice and hopeful encouragement for navigating this tough yet rewarding transition. These video sessions provide insights to promote group discussion. The book *Doing Life with Your Adult Children by Jim Burns* can be purchased online if desired but it is not required. Facilitated by Becky Elsbernd, Parish Nurse.
- **TRINITY CHOIR** Trinity's choir is open to all vocalists, high school age & older. Choir practice is held in the Choir Room.
- **KINDERGARTEN - GRADE 6** Students will come to the 2nd floor and learn new things from talented Trinity adults with new activities each week.
- **CONFIRMATION GRADES 7-8** Confirmation students will gather 6:30-7:45 PM in the Fellowship Hall and experience small group and large group learning as they study for their Confirmation.
- **FLAME GRADES 9-12** High School Youth Group meets 6:30-7:45 PM in the Youth Room.
- **NURSERY** The Nursery is **UNSTAFFED** but open to preschoolers and their parents.

Prayer Shawl Blessings Brunch

Tuesday, September 24 | 9:30 AM / Fellowship Hall

Join us for a light brunch as we rejoice in the blessings given and received by creating tangible reminders of God's loving presence. *Muffins, fruit, and deviled eggs will be served.* This is in place of the Prayer Shawl Ministry monthly meeting on Sept. 17. Register by calling the church office at 641-423-0536 before Friday, September 20.

Clear Lake Bike Ride

Thursday, September 19 | 9:00 AM / Clear Lake Sea Wall

Join us for a leisurely bike ride around Clear Lake. Meet at the seawall in Clear Lake. Please contact Parish Nurse Becky if you need transportation for you and/or your bike.

Weather Permitting

Labyrinth Walk for Peace

Saturday, September 21/ Trinity Courtyard

Celebrate International Day of Peace by walking the Labyrinth in Trinity's courtyard. A facilitator will be there between 5:45 PM and 6:30 PM to guide you if needed. Join us as we walk with the intention of peace for ourselves, our community and our world. *Weather Permitting*

LUNCH AND LEARN | Create a Healthy Routine for Mental Wellbeing Thursday, September 26 | 12:00 PM

Fellowship Hall

This program will empower you to create a healthy routine for your mental wellbeing. Speaker Ken Zimmerman is the former director of the Mental Health Center of North Iowa and is now in private practice. Salad luncheon provided for a free-will donation. Please see the sign up sheet posted by the church office.

TRINITY'S ANNUAL BAZAAR IS COMING NOVEMBER 7

Making Lefse

It's time to make lefse for the Bazaar! September 9 is the first lefse-making session. *Potato peeling begins at 6:00 AM, with rolling beginning at 8:30 AM and packaging at 11:30 AM.* We will meet every Monday till October 28. We are looking for volunteers for lefse-making, or newbies that would like to learn the process. Join the fellowship!

Book Nook at Trinity's Bazaar

The Bazaar will be here sooner than you think. It's not too early to donate any new or gently used novels, children's books and/or puzzles. Donations can be brought to the church office.

Donation Request -

The following donations are needed for the bazaar luncheon. Items can be dropped off in the Kitchen, please mark Bazaar on them; *Butter, Cream Cheese, Cool Whip and 20 oz cans of crushed pineapple in natural juice.*

Christ in Our Home Devotional Books

For October, November and December are available to pick up—located by the church offices and at the Welcome Desk.

WEEKLY CALENDAR

Monday, 16

LEFSE Making (*Kitchen*)
(6-7am/Peelers | 8:30am/Rollers | 11:30am/Pkg.)
9:00 a.m. Centering Prayer (*Rm. 322*)
9:00 a.m. Quilt Workshop (*Fellowship Hall*)
6:00 p.m. Bronze Bell Choir (*Sanctuary*)
7:00 p.m. Boy Scouts (*Fellowship Hall*)

Tuesday, 17

8-9:00 a.m. BASES Exercise (*Gathering Area*)
9:30 a.m. Fellowship Coffee (*Fellowship Hall*)
Noon Staff Meeting
3:00 p.m. Hymn Selection Team (*Library*)
4:00 p.m. Buildings & Grounds Comm. (*Fellowship Hall*)
5:00 p.m. Education Comm. (*Rm. 308*)
Finance Comm. (*Rm. 300*)
Ministry Comm. (*Gathering Space*)
6:00 p.m. Generosity Comm. (*Rm. 300*)
6:30 p.m. Music & Worship Comm. (*Library*)

Wednesday, 18

7:00 a.m. Men's Bible Study
8:30 a.m. Women's Bible Study
9:30 a.m. Bazaar Meeting (*Fellowship Hall*)
9:30 a.m. Explore Mason City on Foot/Crip/Riverhawk Trail
(*Meet at Trailhead Pkg. Lot off of N. Illinois Ave.*)
2:00 p.m. Cancer Support Group (*Rm. 300*)
5:00 p.m. REJOICING SPIRITS WORSHIP SERVICE (*Fellowship Hall*)
5:00 p.m. Servant Cabinet Mtg. (*Library*)
6:00 p.m. **WNA Meal** (*Fellowship Hall*)
6:30 p.m. **WNA Programming** (*See Announcement*)

Thursday, 19

8-9:00 a.m. BASES Exercise (*Fellowship Hall*)
9:00 a.m. Bike Ride—Clear Lake (*Meet at Sea Wall*)
7:00 p.m. Una Vocis Rehearsal

Saturday, 21

5:00 p.m. **Worship Service**
5:45-6:30 p.m. LABYRINTH WALK FOR PEACE (*Courtyard*)

Sunday, 22

9:00 a.m. **Worship Service**
9:15 a.m. Sunday School
10:30 a.m. **Contemporary Worship Service**
3:00 p.m. 5TH & 6TH GRADE MINI GOLF AND BIRDSALLS

Mini Golf and Birdsall's

Sunday, September 22| 3:00 - 5:00 PM

River City Mini Golf

5th and 6th graders and their friends are invited to River City Mini Golf and Birdsall's Ice Cream. We will start at the indoor mini golf in the mall, walk north to see some sculptures, and end with ice cream at Birdsall's Ice Cream. All students should bring money to pay for their own ice cream treat. Any questions, please contact carol.dettmer@trinity-mc.org.

Belong & Grow—New Member Class

Wed. Oct. 16th at 6:30 p.m. or Sun. Nov. 3rd at 1:30 (*Choose one session*) in the Fellowship Hall

Are you looking for a church home? A place to belong? Interested in learning more about Trinity's life and mission, or whether this might be the place to connect and grow?

Pastor Dan Gerrietts leads an interactive class session for those exploring membership or wondering if Trinity is right for them. This is the only session one attends to prepare for membership. Learn more about the worship life, mission commitments, and faith expressions that ground us. Take a tour of the building. Meet other people. Childcare is available by request. **Please contact the church office.** **New Members will be Received on Sunday, Nov. 10th at the 9:00 a.m. service** with a reception during coffee fellowship time.

John Adams Middle School Fall Food Drive—Sept. 22 to Oct. 6

There are two drop sites, one by the office and one by the stairway to the sanctuary. Lists of food that are needed will be located in the front of the box. If you wish to make a monetary donation, it can be placed in the offering plate or delivered to the church office. Please note "JAMS

backpack program" on the check. Thanks in advance to all those who donate to this wonderful program.